



PALAKKAD DISTRICT SAHODAYA SCHOOL COMPLEX

(Association of Schools Affiliated to the CBSE, New Delhi)

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Circular No : 13/17-18

Date : 06/11/2017

To

All Member Schools

Palakkad District Sahodaya School Complex

Dear Sir/Madam,

As decided in the Athletic Meet – 2017 sub-committee meeting of the Palakkad District Sahodaya School Complex held on last week of october at Vyasa Vidya Peethom, Kallekkad, the PDSSC Athletic Meet 2017 will be held on 8th and 9th of December 2017 at Vyasa Vidya Peethom, Kallekkad.

We are hereby sending the list of events and the rules and regulations pertaining to the meet to ensure the participation of your esteemed school in the same. You are requested to fill the details in the attached excel file and send back to sahodayapkdsports2017@gmail.com on or before 20th November 2017.

For further details, please contact

Mr. Ramaprasad, Vice Principal, Vyasa Vidya Peethom, Kallekkad. Mob : 9446945220

Looking forward to your kind co-operation and support.

Subadra Muralidharan
President
PDSSC

Dr.K.S.Vinod
Secretary
PDSSC

Palakkad District Sahodaya School Athletic Meet 2017

Entry can be submitted from	07-11-2017
Last date of entry submission	20-11-2017
Participation fee should be paid ONLY through ONLINE to the below account.	
a) Name of Account Holder : VYASA VIDYA PEETHOM	
b) Account No : 1443101018020	
c) IFSC Code : CNRB0001443	
d) Type of Account (Savings bank account): SAVINGS	
e) Bank Name : Canara Bank	
f) Branch Name : Kallekkad Branch	
Other date like Kit distribution and all will inform later	

NB: LATE ENTRIES WILL NOT BE ENTERTAINED.

EVENTS

Under 19 Category (Born on or between 01/01/1999 and 31/12/2001)

Boys	Girls
1. 100 m Running	100 m running
2. 200 m running	200 m running
3. 400 m running	400 m running
4. 800 m running	Long Jump
5. 1500 m running	High Jump
6. Long Jump	Shot Put (4 kg)
7. High Jump	Discuss Throw (1 kg)
8. Shot Put (6 kg)	4 x 100 m Relay
9. Discuss Throw (1.5 kg)	
10. Javelin Throw (800 g)	
11. 4 x 100 m Relay	

Under 16 Category (Born on or between 01-01-2002 and 31-12-2003)

Boys	Girls
1. 100 m Running	100 m running
2. 200 m running	200 m running
3. 400 m running	400 m running
4. 800 m running	Long Jump
5. Long Jump	High Jump
6. High Jump	Shot Put (4 kg)
7. Shot Put (5 kg)	Discuss Throw (1 kg)
8. Discuss Throw (1kg)	4 x 100 m Relay
9. Javelin Throw (600 g)	
10. 4 x 100 m Relay	

Under 14 Category (Born on or between 01-01-2004 and 31-12-2005)

Boys	Girls
1. 100 m Running	100 m running
2. 200 m running	200 m running
3. 400 m running	400 m running
4. Long Jump	Long Jump
5. High Jump	High Jump
6. Shot Put (4 kg)	Shot Put (4 kg)
7. 4 x 100 m Relay	4 x 100 m Relay

Under 12 Category (Born on or after 01-01-2006)

Boys	Girls
1. 100 m Running	100 m running
2. 200 m running	200 m running
3. 400 m running	Long Jump
4. Long Jump	Shot Put (3 kg)
5. Shot Put (3 kg)	4 x 100 m Relay
6. 4 x 100 m Relay	

COMPETITION RULES

1. Every school will be entitled to enter only one competitor in each individual item and one team for relay.
2. One participant can participate in any three individual events and in one relay.
3. **Competitor can compete either in their category or in higher category.**
4. **For Relay events ONLY FOUR names should be given in each category.**
5. For throws and jumping events three chances will be given.
6. **For jumping events, bed will be provided.**
7. Best two from each heats will be conducted for semi – final. (Time trial will be conducted in case the number of participants are more than 40)
8. In track events, first foul, irrespective of the fact that who makes it, will be pardoned and the athlete making the second foul will be disqualified from taking part in that event. For relay, with the second foul the relay team will be disqualified.
9. An athlete can overtake another, (from the left or right) provided he/she does not make any hindrance to the other participants.
10. Athletes must compulsorily wear two chest numbers – one in front and other on the back in a manner the number is clearly visible.
11. There will be three calls and if the school fails to report, their participation will be cancelled. All the schools are strictly instructed to follow this and complaints regarding this will not be entertained at all.
12. An event will be conducted only if there are minimum three entries for the same.
13. Merit certificate will be awarded only to first three positions
14. **Trophies**:-Separate trophies for each category under both boys and girls sections will be awarded aggregating the points of the respective categories, for the first three positions.
15. Individual championship will be awarded to boys and girls separately, in each category

16. Prizes and championship

The Overall Championship (for schools that score the maximum points) separately in boys and girls sections in all the age groups will be awarded according to the following system:-

Position	Individual Events	Team Events (Relays)
1st Place	07	14
2nd Place	05	10
3rd Place	04	08
4th Place	03	06
5th Place	02	04

17. The decision of the jury of appeal is final and binding on all concerned and it shall not be questioned.

GENERAL RULES & GUIDELINES

1. The Competition will be conducted under the PDSSC Rules and guidelines.
2. Team Manager will be responsible for the conduct of team on the field and in the school premises. Indiscipline by an athlete/member will lead to disqualification and the athlete/member may be asked to leave the premises immediately. Appeal if any can be given only through Team Manager / Principal of the respective school.
3. During the process of compiling if any defective or incomplete entry forms are found, the concerned PET/Team Manager will be called in person to rectify the mistake by the hosting school.
4. Events will be arranged in such a manner that two category events will be in first day and the other two categories will be in the next day.
5. One School should send **ONLY ONE ENTRY FORM** for all categories irrespective of boys & girls.
6. **March past will be there on the first day and it is NOT an item for competition. All the march past participants of one school must be either in their school uniform or in tracksuit. All the schools are requested to participate in the march past.**
7. Things to be brought by the school: Flag and flagpole must be brought by the participating schools. Placard with the school name should also be brought by the school.
8. The Sahodaya sports committee has the right to reject late/ incomplete/ wrong entries in part or in full, depending on the case.
9. Substitution

Substitution will be allowed only in emergency and on reasonable grounds, subject to a maximum of two participants from a school, provided he/she doesn't participate in any other event. The Substitutions must be brought to the notice of the convener of the meet, in writing, with a copy of ID card & attested copy of birth certificate, not less than 48 hours before the registration time on the day of the meet.

10. Birth Certificate

Copy of the Birth Certificates (Originals – for verification) should be submitted at the time of kit distribution along with the hard copy of the registration form that will be available after closing the registration.

11. Change in the date of birth, use of abusive language, indiscipline of any sort hindering the smooth conduct of the meet, use of intoxicating materials and smoking, violation of the meet rules etc (Any one or any combination) are sufficient reasons for the disqualification of the team from meet.

12. Lunch & Refreshments

Lunch & Refreshments (Morning & Evening Tea & snacks) will be provided to all participants, escorting staff and bus staff. The requirement of lunch should be sent to the Convener in the prescribed format given later along with the hard copy of entry forms. **Breakfast will not be available at the venue**

13. Schools' contribution to Sahodaya

Only schools who have made all the payments due to Sahodaya (Rs.10000 /- for the academic year) will be allowed to participate in the Sahodaya Athletic Meet 2017-18. All schools are requested to make the payment if any to the treasurer, PDSSC (Mr. Dais.K.Mathew, Principal, Sabari Central School, Cherpalcheri) before sending the entry for the meet.

14. Any grievances should be brought to the notice of the convener **ONLY BY THE TEAM MANAGER / PRINCIPAL** of the school concerned. No PET or Teacher of member school or parent of member school has the right to question the host school. If done, it will be treated seriously.

15. Escorting staff

Each member school can send one escorting staff for ten students (10: 1) excluding Principal . Non-participants are not allowed to accompany the team.

16. Participation Fee

A participation fee of Rs.250 (Rupees Two hundred and fifty only) will be charged from each participant to meet the expense incurred for the conduct of the meet.

17. Jury of Appeal & protest

Dispute if any will be decided but the jury of appeal consisting of any three members from the panel of President, Vice President, Secretary, Joint Secretary, and treasurer of the complex and the Convener of the meet along with the chief judge of the event concerned. Complaints if any should be given, in writing, within half an hour of the announcement of the result, to the jury of appeal, through Principal/duly authorized person in writing, of the concerned school along with a fee of Rs.2000/-(one thousand only). If the complaint is valid and the decision is in favor of the complaint, the fee paid will be refunded. Otherwise the fee will have to be forfeited.

NB : If a school wishes to withdraw its Team after submitting the participation list will be liable to pay the participation fee of Rs. 250/- participant

INTRUCTIONS FOR FILLING THE ENTRIES IN ESCEL SHEET

ITEM CODES

Sl.No	ITEM	ITEM CODE
1	100m .Running	101
2	200m .Running	102
3	400m .Running	103
4	800m .Running	104
5	1500m .Running	105
6	Long Jump	106
7	High Jump	107
8	Shot put(6Kg)	108
9	Discus Throw	109
10	Javelin Throw	110

INSTRUCTIONS

Name	Name of the Participant
Gender	Enter M for Male & F for Female
Class	Enter 1,2,3,4,5,6,7,8,9, 10, 11, 12 as class (Standard)
Item Code	Enter Item Code as mentioned above. If a student is participating in multiple items, use comma (,) as separator between the Item Codes. Eg. 101,105,102,111
Photo Id	It is used for identifying the photo of the Participant. Photo Id contains Institution Code (List Mentioned below) with 3 digit unique number starting from 101(DON'T LINK THIS WITH ITEM CODE). eg. If Institution code is 143 then the photo Id of the first student should be 143101.
PHOTO	The photo should be in size below 20kb. The file name of the photo must be the same as Photo Id and it should be in the JPG format. eg. 143101.jpg. Photo of the Participants from the school should send as ONE ZIP FILE (Compressed file).
Excel File Name	It Should be the Institution Code. Eg. 143

SCHOOL CODES

Sl.No	School	School Code
1	A.E.T English Medium School, Amayur	201
2	Adi Sankara Vidya Peedhom, Nallepilli	202
3	Ahalia Public School	203
4	Al-Ameen Central School, Koottanadu	204
5	Alpha English Medium Central School	205
6	Amrita Vidyalayam, Ottapalam	206
7	Amrita Vidyalayam, Palakkad	207
8	B.E.S.B.T.V, Kallekkad	208
9	Bappuji English Medium School, Parli	209
10	Bethlem Community English Medium School,	210
11	Bharathmatha CMI Public School	211
12	Bhavans Vidya Mandir, Chithali	212
13	Bhavans Vidya Mandir, Manjapra	213
14	Bhavans Vidyalaya, Ottapalam	214
15	Carmel School, Shoranur	215
16	Chinmaya Vidyalaya, Kalladathur	216
17	Chinmaya Vidyalaya, Pallavoor	217
18	Chinmaya Vidyalaya, Thathamangalam	218
19	Chinmaya Vidyalaya, Kollengode	219
20	Darum Aman English Medium School, Kalladikkode	220
21	Darul Salam English Medium School, Karakkurussi	221
22	Darul Uloom Engsih School, Kappur	222
23	Gangothri English Medium School, Nemmara	223
24	Guardian English Medium School, Elappully	224
25	Holy Trinity School, Kanjikode	225
26	IG English Medium School, Karukaputhur	226
27	Islahiya Orphanage School, Kumaranellur	227
28	Islamic Central School, Thottakkara	228
29	K.E.M School, Kongad	229
30	Koppam English Medium School, Karinganad	230
31	Kottappuram Central School, Kottappuram	231
32	Kuttikkode English Medium School, Kuttikkode	232
33	Lakshmi Narayana Vidya Nikethan, Palappuram	233
34	M.E.S International School, Pattambi	234
35	M.T.I Central School, Pottachira	235

36	Maharshi Vidya Mandir, Shoranur	236
37	Mahatma Public School, Erimayur	237
38	Moloor Central School, Nellore	238
39	Mount Seena Public School, Pathirippala	239
40	Mount-Hira English School, Pattambi	240
41	Nilgiri Public School, Elappully	241
42	Palghat Lions School, Palakkad	242
43	Railway Higher Secondary School, Olavakkode	243
44	Raja's Memorial English Medium School, Punchakkode	244
45	Royal Indian School, Chittur	245
46	S.N.Trust Central School, Shoranur	246
47	Sabari Central School, Cherpalchery	247
48	Salahuddin Ayyoobi English Medium School, Kalladathur	248
49	Seva Sadan Senior Secondary School, Pathiripala	249
50	Shalom Residential Public School, Chittur	250
51	Sree Narayana Public School, Elappully	251
52	Sree Narayana Public School, Kollengode	252
53	Sree Narayana Public School, Valliyode	253
54	Sreekrishnapuram Central School, Sreekrishnapuram	254
55	Sri Maharshi Vidyalaya, Nhangatri	255
56	St.Paul's Central School	256
57	St. Gregorious English Medium School, Agali	257
58	St. Ann's English Medium School, Muttikulangara	258
59	St. Dominics English Medium School, Sreekrishnapuram	259
60	St. Dominics English Medium School, Mannarkkad	260
61	St. Francis Central School, Kozhinjampara	261
62	St. Mary's Bethany School, Karimba	262
63	St. Mary's Public School, Mangalam Dam	263
64	St. Raphael's Cathedral School, Palakkad	264
65	St. Xavier's Central School, Mangalam Dam	265
66	Swathi Central School, Vaniyamkulam	266
67	The Elegant Public School, Palakkad	267
68	The Shobha Academy, Vadakkencherry	268
69	Thrithala English Medium School	269
70	Vasavi Vidyalaya, Kinasserry	270
71	Vyasa Vidya Peethom, Kallekkad	271